

PROJECT SUMMARY

Ref No.: MRIC/SISM-SG-2301	Title: APEIM Art Academy
Local Institution: Association de Parents d'Enfants Inadaptés de l'Ile Maurice (APEIM)	
Project Leader	
Mrs Shikha Baichoo Eisenberg	Association de Parents d'Enfants Inadaptés de l'Ile Maurice (APEIM)
TECHNICAL ABSTRACT Our project, the A.P.E.I.M Art Academy is a school using Art Therapy which utilises visual arts to enrich the lives of individuals with disabilities. By exploring different creative activities, beneficiaries with disabilities learn how to uniquely express themselves and build technical skills along the way. This integrative and creative therapy has numerous benefits that include building self-esteem, enhancing communication, growing social skills, and more. With art therapy, individuals with disabilities have an outlet to explore their creativity, discover new passions, and boost their self-confidence. They can further develop understanding about themselves/their health or behaviour/and what they can do to enhance their well-being. The project will involve the teaching of Art through Art Therapy to beneficiaries and eventually opening the school to members of the public on weekends and during school holidays to enable inclusion and promote awareness on living with disabilities as well as raise funds for operating costs of the A.P.E.I.M Art Academy. The art produced by beneficiaries will be commercialised to further boost their self-esteem and validation and in order to raise funds for the project to be sustainable. The commercialization will be done through a website where funders and members of the public can place orders.	
Key Words: Art therapy, inclusive development, virtual arts	